





Youth Centre & **Indoor Skatepark** 300 Old Island Hwy, Courtenay 250-334-8138

Come join us at the LINC! Here is what you can expect each day of the week!

Tuesdays Arts and Crafts: Paint, Colour or use your imagination to create a unique masterpiece

Wednesdays Workout Wednesday: Join us for guided workouts on Wednesdays from 4:30 - 5:30. Possible activities will be Nature Walk, Yoga, Basketball and more!

Thursday Music Nights: Bring your own instrument or borrow one of our guitars or our drum set!

Friday Fantastic Fun Fridays: Come join us for games, riddles, competitions and prizes!

Saturday Free Food Frenzy: 1st & 3rd Saturday of the month

If you want to come to drop-in, every day of the week you can access all of these great things:

Crafts

- A variety of gaming systems
- Art supplies Board games
- Indoor skatepark
- Musical instruments

- Computers
- Pool tables and other table games

Do you have any suggestions for themes or programs, let Kelsey know your great ideas at ksmith@courtenay.ca We will still be hosting special events throughout the year. Please check our social media and community posters for more details.

Monday

(16 years & over) 7 - 9 pm

> ADULT SK8 7-9 PM



Tuesday

(ages 8 - 11 years) 3 - 7 pm

Arts & Crafts



Wednesday

(8 years & over) 3 - 8 pm

Workout Wednesday



Thursday

(11 years & over) 3 - 8 pm

Music Nights



Friday

(11 years & over) 3 - 11 pm

Fantastic Friday:



Saturday

(11 years & over) 3 - 11 pm

free food frenzy IA & 3rd Saturday

